



Local School Wellness Policy

Section I — Purpose and Commitment

This Local School Wellness Policy is adopted in accordance with Section 204 of the Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296), which requires all School Food Authorities participating in the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP) to maintain a written wellness policy that addresses nutrition promotion, nutrition education, physical activity, and other school-based activities designed to promote student wellness.

The purpose of this policy is to support the health, nutrition, and overall well-being of all students, promote lifelong healthy habits, and ensure full compliance with all USDA and New York State Child Nutrition Program requirements.

The School is committed to:

- Providing an environment that supports healthy eating and physical activity;
- Ensuring that school meals meet or exceed USDA nutrition standards;
- Aligning all wellness practices with federal, state, and local regulations;
- Implementing this policy with fidelity and reviewing it at least once every three years, as required.

Section II — Goals for Student Wellness

A. Nutrition Promotion

The School will promote participation in the National School Lunch and Breakfast Programs and encourage the selection of nutritious foods consistent with USDA meal pattern requirements. The School will ensure that nutrition messaging is consistent, evidence-based, and visible wherever meals are served.

B. Nutrition Education

Nutrition education will be provided as part of the existing curriculum or classroom experience to support healthy eating habits and reinforce the benefits of balanced nutrition. Instruction will be age-appropriate and aligned, where applicable, with New York State learning standards.

C. Physical Activity



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The School will provide students with opportunities for regular physical activity during the school day and will not use the denial of physical activity as a form of punishment. Physical activity may include recess, movement breaks, or other structured or supervised activities appropriate to the age group.

D. Other School-Based Activities to Promote Wellness

The School will support a healthy school environment by aligning wellness practices with federal and state regulations, ensuring access to safe drinking water during meal service, and providing a setting that encourages positive nutrition and wellness behaviors.

Section III — Nutrition Guidelines

A. Foods and Beverages Sold During the School Day

All foods and beverages sold to students during the school day, including through the National School Lunch Program (NSLP), School Breakfast Program (SBP), a la carte sales, school stores, and fundraisers occurring during school hours, will comply with all USDA Smart Snacks in School nutrition standards.

B. Foods and Beverages Available but Not Sold (Classroom / Events / Staff-Provided)

Foods and beverages that are provided to students but not sold (e.g., classroom celebrations, holiday events, birthday treats, or staff-distributed snacks) may be permitted on an occasional basis, provided they occur outside of meal service times and do not replace a reimbursable school meal. The School will encourage items that support healthy habits without imposing additional restrictions beyond USDA requirements.

C. Foods and Beverages Outside of School Hours

Food and beverage items available to students at events held after the end of the school day (e.g., evening programs, community events) are not subject to USDA Smart Snacks standards; however, the School encourages responsible choices where feasible.

D. Water Access

The School will ensure that free, potable drinking water is available to students during meal service, as required by USDA regulations.

Section IV — Food and Beverage Marketing

The School will permit the marketing or promotion of only those foods and beverages that meet USDA Smart Snacks in School standards during the school day. This includes any logos,



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branding, signage, displays, printed materials, digital media, or incentive-based promotions visible to students on campus.

The School does not permit advertising or promotion of foods or beverages that do not meet these nutrition standards during the school day.

Section V — Implementation, Review, and Public Notification

The School Administrator or a designee shall be responsible for implementing this Local School Wellness Policy and ensuring ongoing compliance with federal and state requirements.

This policy will be reviewed at least once every three years, as required by the USDA triennial assessment requirement. The assessment will evaluate compliance with the policy, progress toward goals, and whether updates are needed to meet current regulations or school needs.

The Local School Wellness Policy will be made available to the public upon request and, when feasible, posted on the School's website or included in general school communications.

Approved by: Navah Shapiro

Title: Food Safety Director

Date: 9/1/2025

Section VI — Adoption and Approval

This Local School Wellness Policy is formally adopted by the School Food Authority (SFA) and will remain in effect until modified or replaced in accordance with USDA regulation. The SFA affirms its commitment to implement this policy with fidelity and ensure ongoing compliance.

Approved by: Navah Shapiro

Title: Food Safety Director

Date: 9/1/2025



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov.

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